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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL										
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Ι	hours per response:	0.5
Ш	Estimated average burden	

1. Name and Addr		g Person*		suer Name and Tick dos <u>Holdings</u>	0	5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
HAMRE JO	<u> HN J</u>			<u>dos moranigs</u>	, <u>-me.</u> [110	00]	X	Director	10%	Owner		
(Last) 11951 FREED	(First) OM DRIVE	(Middle)		ate of Earliest Trans 0/2013	action (Month	/Day/Year)		Officer (give title below)	Other below	· (specify /)		
			4. lf A	Amendment, Date c	of Original File	d (Month/Day/Year)	6. Indiv Line)	idual or Joint/Grou	p Filing (Check	Applicable		
(Street)	T .T.L							Form filed by On	e Reporting Per	son		
RESTON	VA	20190						Form filed by Mo Person	ore than One Re	porting		
(City)	(State)	(Zip)										
		Table I - No	n-Derivative	Securities Aco	quired, Dis	sposed of, or Benefi	cially	Owned				
1. Title of Security (Instr. 3) 2. Transact				2A. Deemed	3.	4. Securities Acquired (A) of	r	5. Amount of	6. Ownership	7. Nature of		

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	EXECUTION Date, if any (Month/Day/Year)	3. Transa Code (8)		4. Securities Ad Disposed Of (D			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)
Common Stock	10/30/2013		A	v	252.4245 ⁽¹⁾	A	\$0.00	37,619.0577	I	By Key Executive Stock Deferral Plan
Common Stock								1,229	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

			(e.g., p	uts, c	alis,	warr	ants,	options, o	convertib	le sec	curities)				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Nu of Deriv Secu Acqu (A) or Dispo of (D) (Instr and 5	ative rities ired osed . 3, 4	6. Date Exerc Expiration Da (Month/Day/Y	ate	7. Title Amour Securi Underl Deriva Securi and 4)	nt of ties ying tive ty (Instr. 3	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. Dividend equivalent rights.

/s/ Raymond L. Veldman,

Attorney-in-Fact

11/01/2013

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

g Person(s) to Issuer

11/01/20