## FORM 4

obligations may continue. See Instruction 1(b).

Check this box if no longer subject to Section 16. Form 4 or Form 5

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.	.C. 20549
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STATEMENT	OF CHANGES I	N BENEFICIAL	OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*													5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
Kendall Frank III														X Dire		ctor		10% C	wner	
(Last) 11951 FF	(Fii	,	Middle)		3. D 12/2		st Trans	saction (Month/Day/Year)							Offic belov	er (give title w)		Other below)	(specify	
(Street)					4. If	Amer	ndment	, Date o	d (Month/Da	ay/Ye	ear)		Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person							
RESTON	T VA	A 2	.0190												X		n filed by Mo			
(City)	(St	ate) (2	Zip)																	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
			2. Transaction Date (Month/Day/Year)		Ex ) if a	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)				4 and Secu Bene Own		curities neficially		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount		(A) or (D)	Pric	:e	Transa	saction(s) r. 3 and 4)			(111501. 4)
Common Stock			12/27	/2019				A		12.0114 <sup>(1)</sup>		A	\$	80	4,892.8205		I		By Key Executive Stock Deferral Plan	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security  1. Title of Derivative Security  2. Conversion Date (Month/Day/Year)  3. Transaction Date Execution Date (Month/Day/Year)  5. Conversion Date (Month/Day/Year)  6. Conversion Date (Month/Day/Year)  7. Conversion Date (Month/Day/Year)  8. Conversion Date (Month/Day/Year)			n Date,	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date E Expiration (Month/I	on Dat		7. Title and Amount of Securities Underlying Derivative Security (Instr and 4)		f g	Der Sec (Ins	rice of ivative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owners Form: Direct (I or Indire (I) (Instr	Ownership	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Titl	or Nu of	ımber						

## **Explanation of Responses:**

1. Dividend equivalent rights.

## Remarks:

/s/ Raymond L. Veldman, Attorney-in-Fact

12/31/2019

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.